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CDC Expands List of Coronavirus (COVID-19) Symptoms

Background

In the interest of increasing education about COVID-19 and limiting the spread of the virus, the Centers for Disease Control and Prevention (CDC) has provided a list of common symptoms on their website. Initially, this list was limited to fever, cough, and shortness of breath, but the CDC has now issued an expanded list of symptoms.

For additional information from the CDC on COVID-19 symptoms and other guidance, please visit their [website](#).

Summary

The updated list of common COVID-19 symptoms issued by the CDC includes the following:

- Chills;
- Repeated shaking with chills;
- Muscle pain;
- Headache;

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- Sore throat;
- New loss of taste or smell;
- And the originally listed symptoms, fever, cough, and shortness of breath

The CDC has noted that this list of symptoms is not all inclusive and that individuals should consult with a medical professional or health care provider regarding any other symptoms that are severe or concerning. As the CDC learns more about COVID-19, this list of symptoms may be expanded or updated further.

Employer Next Steps

- Employers should be aware of these additional symptoms as part of their ongoing efforts to reduce and prevent transmission of COVID-19 among employees, ensuring a safe and healthy work environment.
- Employers should be sure to have a written communicable disease plan or policy in place that accounts for any symptoms identified by the CDC.
- Employers may also need to revisit the language in their paid leave policies, because CDC guidance is used, in part, to determine employees' eligibility for paid sick leave under the FFCRA.
- If you are a Full-Service or Virtual HR client and would like our assistance with updating your FFCRA policies, please [email us](#).

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